

# Your knowledge propels your progress, a regular scale and BMI are not enough.

The InBody Analyzer is the most advanced body composition machine in the industry, conducting the most comprehensive analysis that gives results and an evaluation that everyone can understand.

The InBody Analyzer is already being used by professional athletes across America. Universities, fitness facilities and hospital systems also use this technology. This system is getting rave reviews. It is a valuable tool for absolutely everyone. It provides an unparalleled snapshot of your body and can complement any exercise program, medical treatment, rehabilitation protocol, health fair or wellness program.

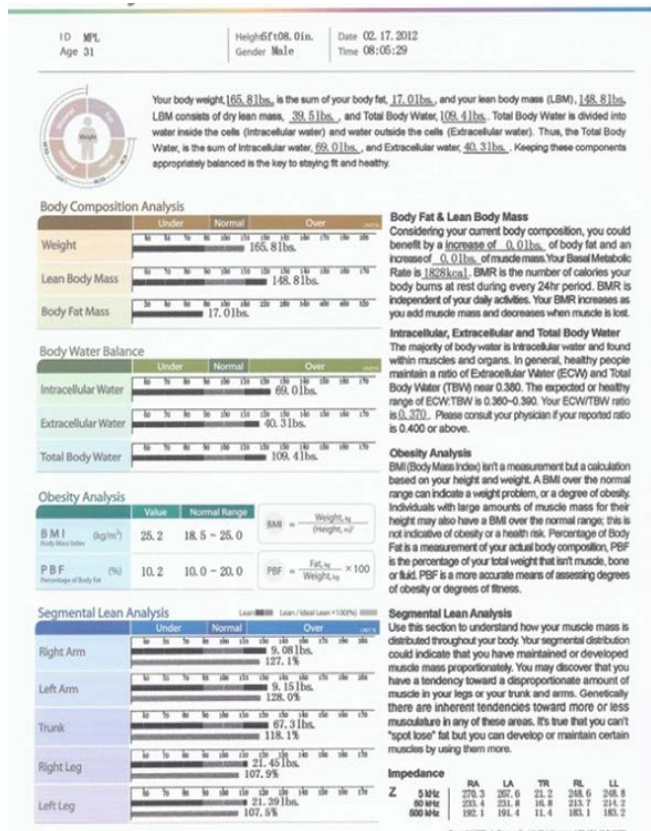
Combining proper nutrition and proper training programs with the InBody Analyzer is your science-based solution to improving your physical fitness.

The InBody Body Composition Analyzer can provide you with a complete snapshot of which body parts need improvement, which are strong, which are weak. It can determine your current hydration level and your basal metabolic rate (calories burned at rest). The results are 98% accurate when compared to underwater weighing.

The InBody Analysis is more than just a body fat test. Multiple graphs, are summarized into one clear result sheet that shows your whole body's overall progress, allowing for better personalized plans, better goals setting, and, ultimately, faster improvement and results!

## Attention Coaches:

Receive your one FREE Complete Body Comp Analysis per school, If you refer your student -athlete to this test, their cost is reduced by 50% to \$20



Most people want to lose weight or build muscle - the InBody can tell you exactly how much fat weight you could lose or muscle you should gain to meet your safe and realistic body fat and muscle mass goals.

## With the InBody Composition Analyzer you receive a complete snapshot of:

- BODY FAT PERCENTAGE
- BASAL METABOLIC RATE
- TOTAL BODY WATER
- ACTUAL HYDRATION LEVEL
- REALISTIC FAT / MUSCLE RANGES
- LEAN ANALYSIS WITH SAME AGE RANKING
- MUSCLE MASS DISTRIBUTION
- LEAN MASS DEVELOPMENT ANALYSIS

Receive your Body Composition Analysis Report today! All tests are conducted by a Certified Personal Trainer who will help you to understand your report results and advise you on how to reach your health and wellness goals.

Schedule your InBody Analysis at a local testing site, schedule a group get your analysis **FREE**  
 Contact Tode Vrzic at 440-623-7373 [todevrzic@gmail.com](mailto:todevrzic@gmail.com)

**ON SITE WELLNESS SERVICES, LLC**